

What YOU can do during the crisis created by ICE in our community

How do you eat an elephant? One bite at a time. Everyone knows the time is NOW. Not this afternoon, not next week, NOW. If you remain silent and do nothing, that is complicity.

YOU has lots of meanings. You means you. It also means you and your family, you and your friends, you and your faith community, you and your neighbors, you and your book club, your pickleball team, and anyone else you are in interact with.

This is our first attempt at providing a list of things people can do during this time. Generally ideas are listed from smallest and easiest to biggest and most impactful. It's impossible to capture all the things that need to be done. We encourage you to be creative to find ways to use your unique skills to plug in where there is a need.

Things anyone can do:

- **Check in on those you know – without setting the expectation of receiving a reply or starting a conversation.** I have friends who are immigrants say that no one has asked them how they are doing. A call, a text, a hand-written note, they all matter. Do this for your immigrant friends, those with mixed families, teachers and others on the front lines, parents whose kids are scared for their friends, very few people are not impacted. Just listen if they want to talk.
 - We found a FB post which said “It can be tough to find the right words when you want to simply check in on a loved one.” They provided examples to let people know you’re thinking of them, but to also make it clear that it’s entirely up to them if and when they want to take the conversation further.
<https://www.facebook.com/share/p/1ApsNrVLJP/>. It is also on our Immigration Support page <https://dogoodroseville.com/immigrant-support/>.
- **Write cards to welcome and support immigrants** that can be included in meals that are delivered to those who are afraid to leave their homes. Get ideas here: <https://dogoodroseville.com/immigrant-support/> and where you can drop them.
- **Write a note of support to your immigrant neighbor** – even if you don’t know them. Maybe give them a whistle kit with KYR information. Kits are available at Makwa Coffee. Same as above, do not expect an answer.
- **Wear a whistle and be prepared to blow it** when ICE is where you are.
 - Whistle kits are available at Makwa Coffee.
 - Make your own kits. Here are some materials.
 - Have whistles 3-D printed. There are many patterns available like this one:
<https://www.printables.com/model/495173-flat-pocket-whistle>

Get involved in political change

- **Call your representatives.** The website 5calls.org makes it easy. You enter your City, select an issue you care about. It displays your legislators to call or write.
- **Participate in your local caucus on February 3 at 7 pm.** The caucus is the first in a series of meetings where parties may endorse candidates, select delegates, and set goals and values (called party platforms). Not familiar with what caucuses are? Check out this video the MN Secretary of State https://ossmedia.sos.mn.gov/voter-outreach/Caucuses_Webinar_01_16_26.mp4 or this presentation by the League of Women Voters <https://drive.google.com/file/d/1oHTwM5toaiFw0agvzjtD1tER2RwL8V5j/view>
- **Contact your local government** and tell them they must do everything in their power to protect all your residents. Most cities have a website with City Council information and emails or phone numbers. Calls and letters matter! Specific action requests are best, but don't let that stop you from a general plea to do something!
- **Expect all levels of government** (from your City officials to individual legislators) **to use all communication channels** (social media, print, taped meetings) **to show support for immigrants.** If you don't see visible support, demand it.
- **Ask for all City departments to discuss what they can do in this time of crisis.** Push them on what are true legal limits on what they can do, compared to their 'norms' of behavior. In normal times government moves slowly. Don't accept that!

If you are physically able:

- **Join big marches/protests.** Look to <https://mn50501.org/> or <https://indivisibletwincities.org/>, or follow their social media accounts.
- **Create or participate in a Bridge Brigade.**
- **Protest in your neighborhoods** with signs on major intersections. Build a community network to support each other. Be wary of bad actors by introducing yourself.
- **Be part of a rapid response team.** You must first attend constitutional observer training with Monarca, COPAL or others. After training, talk to others in your community to be connected with the nearest group.

If you have the funds (big and small)

- **Display a sign in your yard** – pro-immigrant, anti-ice, whatever you feel. Consider coordinating with your network to order them in bulk. There are lots of designs available. Go to Etsy and search “pro immigrant digital download”
- **Display pro-immigrant, anti-ice sticker on your car.** Search Etsy.
- **Support local small businesses.**
- **Go out to eat at local restaurants.** Your physical presence matters.

- **Order in from local restaurants.** If you can, pick it up yourself. All restaurants are short-staffed.
- **Buy gift cards from local restaurants or businesses** to be used later. We have heard some people buy gift cards and give them back to the restaurant.
- **Buy or donate to gift cards for food shelves at Roseville Area Schools.** Here is an easy way to do it: <https://www.zeffy.com/en-US/donation-form/buy-gift-cards-for-schools>
- **Donate funds to those providing food** including but not limited to Keystone Community Services, Second Harvest Heartland, Every Meal.
- **Donate groceries for food shelves.** Most have a list of desired items.
- **Donate to rent assistance** for those who have been afraid to go to work. We hope to be raising money for this soon, but there are many mutual aid organizations. For broader Twin Cities go to <https://www.standwithminnesota.com/> for a list of organizations to support.
- **Create and donate craft kits or other the simple entertainment items or toys** that can be shared with families who cannot leave their homes.
- **Adopt a Teachers and Staff at a School.** All the kids that are terrified right now? One thing most have in common is a teacher that cares for them AND 20-30 other students. The emotional and physical burden on teachers is extreme. Groups of people could adopt a school and provide support to the teachers and other staff in the form of notes and care packages of thoughtful items and treats. Maybe you have an even better idea? Maybe arrange for a masseuse to give neck and shoulder massages? Please arrange with the school or the school's PTA before you do anything. IMHO please don't ask for them for ideas, have a plan to suggest!
- **Donate to organizations most impacted** including: MN Immigrant Rights Action Committee (MIRAC), Community Aid Network, Leo's Tow, the Women's Foundation of MN, Immigrant Law Center. There are lists of organizations available if you google.
- **Donate to organizations providing Constitutional Observer Training** including Unidos/Monarca, COPAL, MN8.

Help for businesses and workers:

- **Tell businesses you care and ensure they have a plan.** Here is a packet of information from Twin Cities Democratic Socialists of America, that we have been sharing with



businesses. Know Your Rights Canvass Packet from DSA.zip

- If you have hired a worker (e.g. cleaning service, construction, etc.) who cannot safely come to work, consider paying them anyways.

- If you have workers at your house or business, have someone watch the neighborhood for ICE agents, and sound the alarm if you see them.
- If you have workers working at your house or business– tell them you will leave the door open, and they can come in and lock the door if they see ICE.
- Wear a whistle, honk your horn, set off your car alarm if you see ICE.

Volunteer

We are thankful there are so many people who want to volunteer to support families in need. Unfortunately, security concerns make it difficult for those who do not already have established relationships with schools to do anything which involves direct contact with families. We know ICE is impersonating friendly community members.

Though life is unended for most of the community, it's true that there are many organizations who needed volunteers before, who still need help. Maybe even more than before. For a list of organizations, places where you can make meals, ideas for collections, and projects, scroll down on this page to find lists: <https://dogoodroseville.com/roseville-cares-2026/>

Number 1 thing you can do!

- **Probably the number one thing you can do** is - in your own words (not just sharing a social media post) - share the stories of what is happening in our community with your friends, family and others on social media – who do not live in the Twin Cities. We need to counteract the false narratives that are being told. At the same time, be very careful not to share identifying information that will make people less safe.

Thank you.