



Do Good Roseville

JANUARY 25, 2024

VOLUME 7, ISSUE 1



My Story, My Truth

Saturday, Feb 10

11:00 am to 1:00+ pm

Showplace ICON theater

1625 West End Blvd, St. Louis Park

We could not be more excited about this event! The Do Good Roseville film "My Story, My Truth", which was created by Nyia Harris, will be shown on the big screen at the ICON theater in St. Louis Park on Saturday, February 10 at 11 am. It is presented by the Twin Cities Film Festival. For those that don't know Nyia (yet!) she has been a very important part of Do Good Roseville since the very beginning.

If you aren't familiar with the film, in 2018 Nyia had a vision to create a film where she asked her friends and family to share a story of the first time they were called the "N" word, or otherwise were discriminated against. It was very, very powerful. Some of the people had never shared their story before.

We showed the film many times for many different groups. One of the most impactful showing was to the English Department at Roseville Area High School. They shared the film with all their students over the course of a week, and on Friday all the panel came together to answer questions and hear reactions from the students.

We are very excited to have the opportunity to show the film to a broader audience. The film will be followed by a discussion with some of the people from the film.

Tickets are \$15.71 (with fees). You can purchase them with this link or QR code:
<http://tinyurl.com/3mk9m4sc>

Please allow sufficient time for parking! There is free underground parking, so allow time to find parking and walk to the theater. You don't want to be late!



We are sooooo proud of Nyia for her vision, and thankful to each person that shared their very personal story.

Can't make it? You can also watch the video from our Do Good Roseville website:
<https://dogoodroseville.com/my-story-my-truth/> or by clicking [here](#).

Equal Rights

Amendment

It's Time!



ERA

It's Time!

Sunday, February 11

**Ramsey County Library - Roseville
2180 Hamline Ave N.**

In January we watched the film "Equal Means Equal". If you missed it, you've got a second chance because it is currently showing on Prime Video if you click [here](#) or on DVD at the Roseville Library, click [here](#).

In February we will host an update on progress to ratify the amendment from Suzann Willhite, President, ERA MN. This is sooo important, we really wish you would come and bring your daughters and granddaughters. Husbands, sons and grandsons too!

Brought to you by [League of Women Voters Roseville Area](#), Ramsey County Library, and Do Good Roseville



For those who would like more history about ERA, you can watch Mrs. America. It's available on Hulu, and also on Prime video.



A Busy Person's Guide to Sustainability

Sunday, February 4

1:30 pm - 3:00 pm

**Ramsey County Library - Roseville
2180 Hamline Ave N.**

Join us for the 2nd in a series of programs on sustainability. This one is "Making the Most of Tax Credits and Rebates". Nic Baker of the Sierra Club Clean Energy Team will be the presenter. Bring a laptop for an optional work session on sustainability and your budget.

Remember to save the date for session #3 on April 7 - Reduce, Reuse, Recycle, Refuse, Repair and Repurpose - with Gregory Goodwine, Ramsey County Environmental Committee Outreach and Engagement Intern.

Brought to you by [Resilient Roseville](#), Ramsey County Library, and Do Good Roseville



Volunteer Together

**Saturday, February 24
1:00 pm to 3:30 pm 475**

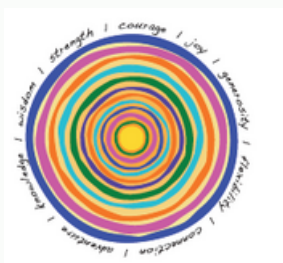
**Old Highway 8 NW, Suite 150
New Brighton, MN**

Volunteer with us at popular favorite - Bundles of Love. This is one of the few organizations where kids as young as 5 can volunteer with an adult. Sign-up early, there is limit of 10, but we will have a wait list in case we can open it to more!

Bundles of Love is an all-volunteer non-profit that partners with community organizations to assist Minnesota families in need by providing handmade items for newborns. Their vision is a world where every newborn has access to the basics. They have work groups across the Twin Cities that sew, knit and crochet newborn baby clothes and put together bundles. A bundle is a bag of about 30 items that a mother in need would need to take her baby home from the hospital. Most of the items are handmade but we also include diapers, baby wash and baby wipes.

During this event we will may be putting bundles together, or maybe cutting out items, pinning diaper bags, cutting ribbons, etc.

To volunteer, please sign up [here](#) by Feb 18. If you have trouble with the signup, email Kathy at kramundt@hotmail.com.



Aging with Gusto

**Mondays, March 4, 11 and 18
1:00 pm to 2:30 pm**

**Anpétu Téča Education Center, Room C121
1910 County Rd B W, Roseville**

Join us for facilitated discussions on how to ignite a positive perception of aging and to help develop pathways to create a more accurate narrative about what it means to age. Each of the three discussions in the series is interactive and engaging, with a combination of large and small group activities that help participants examine their views and actions around aging.

Each discussion will focus on a specific topic:

1. What contributes to your aging with gusto?
2. How can you recognize and respond to ageism?
3. How can you use your values and goals to live a life with gusto?



The 3-week program will be facilitated by Joann Ellis and Donna Comer trained facilitators from the Vital Aging Network, whose goal is to promote self-determination, civic engagement, and personal growth for people as they age. To register click [here](#).

Red Bin Collection Results



Look what we delivered to the clothes closet at Harambee for students of Roseville Schools! 38 coats and 35 snow pants - most were brand new!

Thank you once to everyone who donated to our Red Bin collection!



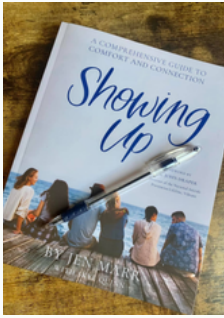
Falcon Heights Family Service Night

We had a great time at the Falcon Heights Elementary Family Service Night! Kate, Mary, and Kathy had kids make 100+ valentines that we will give to the residents at Roseville Seniors House on Valentines Day.

1/2 hour in I realized I had greatly underestimated the number of stickers each card - and envelope - would require 😊, so I had to ran out to buy more!



Good Things Happening in Our Community



Inspiring Comfort, Care, and Connection Book Discussion

6 Tuesdays, Feb 13 - March 19

6:00 pm to 7:00 pm, Via Zoom

Our friend Jill Olson-Eck is hosting a book club to inspire meaningful care, connection, and comfort when it matters most!

Join us for a 6 week book club on the book, *Showing Up*, that will discuss and teach meaningful skills about how to provide and expand meaningful care, connection, and comfort in a world that has become increasingly divided and disconnected. You will learn how to do more of this for others and yourself.

Did you know that research reports that 75% of us can identify those who struggle but only 15% feel equipped to know what to do to help them? For our hurting world to mend, we must fill this gap. Learning about amplifying the science of human care through teaching the skill of comfort can be applied in our daily relationships, our families, in schools, organizations, and groups everywhere. After all, comfort is an action through which we give strength and hope to others in pain. It fosters connection, deepens relationships, and creates more productive organizations. The book, *Showing Up* was developed through collaboration with researchers, administrators, and mental health professionals, to determine how to incorporate comfort strategies into everyday life to deal with the losses and stress we all experience.

We still have room for five more people to register. Registration deadline is January 31, 2024. The only cost is \$15 for the book which will be ordered for you by Jill Olson-Eck. For more information and to register, email Jill Olson-Eck at jilleck@momentumld.com.



**Lions Clubs International
FOUNDATION**

Local Lions Clubs extended their partnership with Keystone Community Services when they received a grant from the Lions Clubs International Foundation (LCIF)

to address hunger relief in St. Paul and northern suburbs by funding a third mobile food shelf for the Keystone Food Program. It will bring food to those who cannot reliably access a food shelf due to disability or lack of transportation. It will also increase their capacity to serve those with limited resources, particularly senior citizens. They estimate that 3000 new unduplicated customers will be served by this Food Mobile. Typically, the existing mobile units serve 700-800 customers per week at 14-15 different sites. Currently, Keystone makes two stops in Roseville and one in Little Canada.

Local Lions are working to raise the matching funds required for this grant and to create a 'sustainability fund' to support insurance, maintenance, and gasoline costs for this new unit for the next five years. We hope with our Keystone partners to more fully meet the unmet nutritional needs of many in our communities through this project. We thank everyone for supporting this initiative.

Juneteenth Celebration - Roseville



Saturday, June 15, 2024

11 am to 3 pm

**Central Park
2540 Lexington Ave N., Roseville**

Planning for our 6th annual Juneteenth Celebration in Roseville is now in full swing and we've got a great team working on it. If you'd like to help, please let us know!

This event has grown every year. We have always provided free food and entertainment. We welcome all community members to participate in this celebration.

As a community-based event it is especially important to us to ensure there are no barriers to participation as described above. To do all these things we need sponsorships from organizations who have a passion to help BIPOC businesses and communities. We do not make any money from this event. Every dollar we raise goes directly to the event. If you, or someone you know would like to be a sponsor, please let us know!

Two years ago, we began inviting Black-owned businesses and organizations which support BIPOC people to exhibit at the event for free. Last year we met our goal to ensure that all our service providers (caterers, entertainers, etc.) were Black-owned businesses. Last year we also expanded to include a Career Chat area where young people and adults could talk to professionals who work in various careers. This year we are hoping to create a scholarship for local students.

If you are a Black-Owned business we invite you to participate. Participation is free, you just need to provide your own table and chairs. At the same time we invite organizations that support BIPOC people to participate too.

For more information: DoGoodRoseville.com/juneteenth-roseville-2024/

Contact Kathy Ramundt, kramundt@hotmail.com, 612-221-5451
or any other members of the Planning Committee

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