



January 2020

Gray Area Thinking® Human Inclusivity Training

Tuesday, January 7th, 2020

6:30 to 8:30 pm

**Autumn Grove Park Building
1395 Lydia Ave W. @ Hamline
Roseville, MN**



We've all heard the phrase, "diversity and inclusion", but what does it actually mean to make a workplace or organization or even our personal lives more diverse and inclusive? How can we get beyond grouping and labeling of other humans according to the color of their skin, the religion they practice, or the country in which they were born? Can we really build a just and inclusive world, especially in this time of such division?

Even more, how can we make our workplace and lives more inclusive of those who are "Other" and different from "us?" Isn't it time to at least consider a new approach to human inclusivity—where all humans regardless of differences are valued?

Join national speaker, transgender writer and "human inclusionist" Ellen "Ellie" Krug as she conducts her highly valued human inclusivity training, Gray Area Thinking®. This training will provide an easy-to-understand toolset on how to be more welcoming of anyone who is "Other" in our society.

Author of *Getting to Ellen: A Memoir about Love, Honesty and Gender Change* (2013), Ellie has trained on diversity and inclusion to court systems, law firms, Fortune 100 corporations, and colleges/universities.

She is also a monthly columnist for Lavender Magazine and a weekly radio host on AM950 radio. Her monthly newsletter, *The Ripple*, can be found at www.elliekrug.com. Ellie presently is the founder and president of Human Inspiration Works, LLC (www.humaninspirationworks.com).



Global Palate Dinner Club

Friday, January 3, 2020

6:00 pm

Magic Noodle

**1337 W. University Ave.
St. Paul, MN**



Our Global Palate dinners will begin our 3rd year in January at Magic Noodle!!! This month enjoy hand pulled noodles for hearty soups ideal for winter weather, because good times deserve great food! As always, if you come alone we promise a warm welcome.

Please make reservations by emailing Sherry at sanders363s@gmail.com or at 651-772-3311. It helps if we can have a count by Thursday to give to the restaurant but we can usually accept a few last minute attendees. Parking in back lot or across the street.

Volunteer Together



Saturday, January 11, 2020
10:00 am to 12:00 pm

Kids In Need MN

2719 Patton Road
Roseville, MN

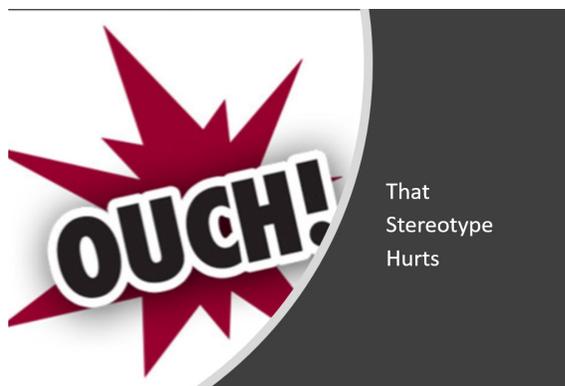


Put that New Year's resolution to work and join us for our January Volunteer Together event. This was a great event for a great cause last January, so we are doing it again! This is a family friendly one-time volunteer event to 'Change Lives with School Supplies'!. On Saturday, January 11 from 10 am to 12 pm we are hosting a group volunteer event at the Kids in Need Resource Center (tckinrc.org)

Operating as a free store for teachers serving eligible area schools, the TCKINRC provides much needed supplies to their students for learning and excelling in the classroom. We will either be sorting and organizing supplies, or packing backpacks for school kids. Kids as young as age 5 are welcome so it's a great family volunteer event.

TCKINRC is located on the west side of Roseville at 2719 Patton Road. We will be working their warehouse, so dress in layers! If you'd like to volunteer with us, please register at <https://tinyurl.com/wwbta8s> <https://tinyurl.com/wwbta8s> or at DoGoodRoseville.com/Register

February 2020



OUCH: That Stereotype Hurts

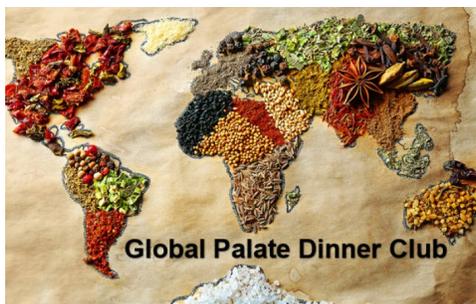
Tuesday, February 11, 2020

6:30 to 8:30 pm

Roseville Library
1280 Hamline Ave. N.,
Roseville

What if you or someone else is the direct or unintentional target of bias? Are you afraid to speak up? Silence in the face of bias reinforces negative attitudes and behaviors. How can we break the cycle and be diplomatic at the same time? Join us to view the video Ouch! That Stereotype Hurts and participate in a discussion afterward.

Facilitator Michael Gregory is a Qualified Mediator with the Minnesota Supreme Court, and mediates regularly in Ramsey County Housing Court and Ramsey County Conciliation Court, as well as speaking professionally about overcoming conflict. This program will help explore the impact of bias and stereotypes and provide practical advice on how to speak up and help others to overcome bias and stereotypes without guilt or blame.



Global Palate Dinner Club

Friday, February 7, 2020, 6:00 pm

Bole, 490 N. Syndicate St., St. Paul, MN



Join us in February as we enjoy authentic Ethiopian cuisine Bole in St. Paul. It is known for known for mouthwatering Tibs & Kitfo. Everyone is always welcome to join us for dinner—the more the merrier! Each month we have a group of 10-30 people gather together. View the menu at boleethiopiancuisine.com.

Change for this month only - please make reservations by emailing Kathy at kramundt@hotmail.com or calling 651-488-5061. It helps if we can have a count by Thursday to give to the restaurant but we can usually accept a few last minute attendees. Parking is street parking.



Volunteer Together

Saturday, February 8, 2020

8:30 am to 12:30 pm

Fight for Air Climb
American Lung Association

FIGHT FOR AIR CLIMB 

US Bank Plaza 1
200 6th Street S., Mpls, MN

Our February Volunteer Together event will be to help facilitate for the American Lung Association "Fight For Air Climb". It is one of the American Lung Association's signature fundraising events. These stair climbs are held in prominent skyscrapers, giving participants the opportunity to join together with friends, family and co-workers to climb to the top of the building! We will NOT be climbing! We will be volunteering from 8:30am-12:30pm on February 8, 2020. This event is open to ages 16+.

A few of the volunteer tasks include: replenishing the water stations, registration, greeters, gear check and passing out food/beverages.

ALA asks that all volunteers are willing to stand for a majority of the volunteer shift as this is a fast pace event with little time to sit. With over 100 needed volunteers on the Climb Day, we are always looking for more.

Registration is required so we can provide a count of volunteers. To register, go to: <https://tinyurl.com/grd77y5> or DoGoodRoseville.com/Register.

Brought to you by: **Do Good Roseville**

www.DoGoodRoseville.com

www.facebook.com/DoGoodRosevilleMN/

For more information, or to share your ideas to Do Good in our community, please contact:

Kathy Ramundt, kramundt@hotmail.com, 651-488-5061 or

Sherry Sanders, saners363s@gmail.com, 651-772-3311